

Mind Body Seminar Registration

Saturday July 18, 2009

The Special Mind Body Seminar presented by the Midwest Buddhist Temple will feature our distinguished guest, Socho (Bishop) Koshin Ogui. Socho Ogui, an 18th Generation Buddhist priest has been a pioneer in the Mind Body Seminars and Mediation.

This Special Summer Mind Body Seminar is an opportunity to welcome back Ogui Sensei (Teacher). There will be a full day of activities and a **Free Public Lecture** at 7:00 p.m.

Registration for the Mind Body Seminar will begin at 9:00 a.m.. There will be full group activities of a **Mediation session with Ogui Sensei**, **Kirtan** (devotional Indian chanting), and **Lunch** included. For the break-out workshops, you will have the choice of selecting any two of the following sessions:

1. Meditation with Ogui Socho assisted by David Duerkop and friends.
2. Eastern Healing Arts presented by the Pacific College of Eastern Medicine with both explanations and demonstrations.
3. Art activities presented by Expressive Therapy team from Cermak, such as paper marbling activity, and possibly henna work.
4. Hands-on Japanese Cooking presented by Joanne Tohei

Registration: \$30.00 for General Public
\$20.00 for MBT Members

Please fill out the lower part of this form and submit to:
Midwest Buddhist Temple
435 W. Menomonee St.
Chicago, IL 60614

Checks can be made out to: Midwest Buddhist Temple

Name: _____

Address _____

Home Phone: ()

Cell Phone ()

E-mail: _____